



Asian Rope Skipping Federation

10th Asian Rope Skipping Championships (Asian Cup)

Date: 28th July 2019

Category: Asian Cup

Team: Hong Kong, Korea, Japan, Macao

LottryTime

Please send a representative to draw after the day of master event at 16:15 on 27th July 2019. If not, it will be drawn by ARSF members.

Warm Up

Team	Time
Demo Team 1	13:00-13:15
Demo Team 2	13:15-13:30
Demo Team 3	13:30-13:45
Demo Team 4	13:45-14:00

Competition Time

Team	Time
Demo Team 1	14:30-14:40
Demo Team 2	14:40-14:50
Demo Team 3	14:50-15:00
Demo Team 4	15:00-15:10