



# Asian Rope Skipping Federation

## 10AC Championships Schedule

### Thursday, 25<sup>th</sup> July 2019

#### Team event

14- Male 15+ Female Open

08:15 - 08:45 Judge Meeting

09:00 - 11:15 Competition

12:00 - 13:00 Opening ceremony

14:00 - 17:00 Competition

18:00 - 19:00 Evening Award ceremony

19:00 - 21:00 Dinner

### Friday, 26<sup>th</sup> July 2019

#### Team event

14- Female Open 15+Male

08:15 - 08:45 Judge Meeting

09:00 - 12:30 Competition

12:00 - 14:00 Lunch time

14:00 - 16:30 Competition

18:00 - 19:00 Evening Award ceremony

19:00 Dinner

### Saturday, 27<sup>th</sup> July 2019

#### Master Event

08:15 - 08:45 Judge Meeting

09:00 - 12:00 Speed event & 14- Master Freestyle

12:00 - 13:30 Lunch time

13:30 - 16:45 15+ Master Freestyle

17:00 - 17:20 15+ Master Triple Unders

18:00 - 19:00 Evening Award Ceremony

19:00 Dinner

### Sunday, 28<sup>th</sup> July 2019

#### Asian Cup (Demo)

13:00 - 14:00 Warm Up

14:00 Judge Call Time (Do not enter the stadium)

14:00 - 14:15 Judge Meeting

14:00 - 14:30 Entering The Stadium

14:30 - 15:10 Asian Cup

15:30 - 16:30 Closing Ceremony And Prizes presentation

16:30 - 17:00 Photo Taking

19:00 - 21:00 Banquet